FRANK'S 10 ESSENTIALS FOR LIFE SUCCESS

- **FINDING YOUR PURPOSE**
  What were you put on this Earth to do?

- **VALUABLE TIME**
  What do you spend your time on?

- **HAVING HEART**
  Having 100 percent love of what you're doing.

- **FINDING YOUR HAPPINESS**
  What do you find enjoyment in?

- **WHAT DRIVES YOU**
  Giving 100 percent your all effort in what you do.

- **DEDICATION, DISCIPLINE, DETERMINATION AND CONSISTENCY**
  All needed to attain success!

- **PAIN AND SACRIFICE**
  Need to be able to withstand and to do without!

- **FAMILY, FAITH, FRIENDS**
  Do you have strong connections?

- **WRITING, LISTENING, PERSONAL DEVELOPMENT**
  Work on these essentials to go above and beyond!

- **YOUR START AND YOUR FINISH**
  Understand that you need a start point and a finish!